

# My Pledge to Our World's Animals

I believe that all animals deserve to be treated with respect and compassion.

I pledge to model this behavior and encourage others to follow my lead.

I pledge to

- help my family and friends shop for eggs, dairy, and meat products that are American Humane Certified, which means the animals were raised humanely.
- promote pet adoption from shelters.
- remind families to include pets in their personal disaster plans.
- ask my family and friends to look for the end-credit "No Animals Were Harmed"® when watching movies and television.
- visit zoos, aquariums, and conservation centers where endangered and disappearing animals are given the chance to continue to exist.

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signature



**Make every day one that's filled with compassion for our world's creatures! Take the pledge at [Kindness100.org](http://Kindness100.org).**

**Kindness 100:** American Humane Association is celebrating the 100th anniversary of Be Kind to Animals Week® in 2015 by focusing on the humane treatment of farm animals and animal actors, the importance of adopting pets from a shelter and including them in family disaster plans, and caring about the world's endangered and disappearing creatures. Learn more at [Kindness100.org](http://Kindness100.org).

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